

"समुन्नत, सुरक्षित र वातावरणमैत्री सुन्दर शहरः सुशासनयुक्त पर्यटकीय र समृद्ध तिलोक्तमा नगर"

तिलोत्तमा नगरपालिका नगर कार्यपूर्णकाको कार्यालय



"अन्तर्राष्ट्रिय गुणैस्तर हुळ्य ३०१५ प्रमाणित नगरपालिका"

प.सं.:

प्रिन्निनी प्रदेश, त्रेपार

च.नं.:

विषयः विद्यालय नर्सको पाठ्यक्रम सम्बन्धमा ।

प्रस्तुत विषयमा यस नगरपालिका द्वारा मिति २०८०/६/२९ गते प्रकाशित विद्यालय नर्स करारमा पदपूर्ती गर्ने सम्वन्धी सूचना वमोजिम हुने लिखित परिक्षामा देहायको पाठ्यक्रम तथा अंकभार निर्धारण गरिएको व्यहोरा जानकारीको लागि सम्वन्धित सबैमा जानकारी गराईन्छ ।

देहायः

प्रथम चरणः लिखित परिक्षा

प्रथम	चरणः ।लाखत	पारका	O C	परीक्षा प्रणाली	MA	प्रश्नसंख्या*	समय
पत्र	विषय	पूर्णोङ्ग	उत्तीर्णाङ्क	पराक्षा प्रणाला	B	अंक	
प्रथम	सेवा सम्वन्धित	(C)			वहवैकल्पिक	्रे ५० प्रश्न	88
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िक्र च्याः अन्तरवार्ता

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पत्र/विषय	पूर्णाङ्क	उत्	र्गिर्णाङ्क	समय	
थन्तरवार्ता	२०	The participation of the second	20/10/20	- 19	18

पाठ्यक्रमः यसै प्रत्रसाथ संलग्न पाठ्यक्रम बसोजिम ।

Nottama Municipality

Soco S128







Fundamentals of Nursing:

- Basic needs of clients
- The nursing process
- Common nursing procedures used in the hospital
- Stress and coping mechanism
- First aid treatment
- Administration of drugs
- Infection prevention
- Methods of collecting different specimen for routine and culture test

2. Applied Science

- Anatomy and Physiology of all body systems and organs
- Body mechanisms, Friction, Gravity, Newton's Law, Force, Transfer of heat, Fluid and electrolyte, Osmosis, Difussion, Acid base balance, Rehydration therapy, Common investigation and its significance, Microbiology, Infection diseases, Common drugs, its action and side effects.

3. Medical/Surgical Nursing

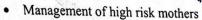
- Developmental tasks, Application of nursing process, Common diagnostic procedures
- Nursing management of common disease conditions including pre and post operative care. Accidents, Injuries, Head Injuries, Spinal cord injury, Meningitis, Encephalitis, Tetanus, Epilepsy, Bronchitis, Asthma, Pulmonary TB, Pleurisy, Common Cold, Rhinitis, Atelectasis, Peptic Ulcer, Intestinal Obstruction, Appendicitis, Peritonitis, Cirrhosis of liver, Haemorrhoids, Cholecystitis, Hepatitis, Hernias, Hydrocele, Bladder stones, Pyelonephritis, Urinary Tract Infection (UTI), Renal stone, Acute and Chronic Renal failure, Uremia
- Congestive Heart Failure (CHF), Angina, Cardiac Arrest, Anaemia, Leukaemia, Myocardial infarction, Gangrene, Diabetes mellitus, Diabetes incipides, Hypertension, Fracture, Dislocation, Osteomylitis
- Care of patient with common sensory disorders and nursing management

4. Community Health Nursing

- Concepts of primary health care
- Epidemiological concepts and approaches
- Nutrition, deficiency diseases and management
- Immunization
- Communicable diseases and management
- Health Indicators
- Family planning

Midwifery

- Anatomy and Physiology of male and female reproductive systems
- Antenatal, natal and post natal care of a mother



- Management of minor and major disorders of pregnancy
- Diseases associated with pregnancy
- Care of new born baby with observation and assessment
- Breast care and management

6. Nursing Care of Gynaecological Problems

- Disorder of Uterine Bleeding
- Cystocele and Rectocele
- Uterine Prolaps
- Vesico Vaginal Fistula
- STD/HIV/AIDS
- Infertility

7. Pediatric Nursing

- Major developmental characteristics and milestones
- Promoting optimum development of children
- · Adolescent changes and problems
- · Six major killer diseases
- Common health problems in children and their nursing management
- Common health hazards in children in Nepal and their prevention
- · Congenital disorders/disabilities
- Role of nurses in reduction of mortality rate of children
- Nursing care of critically ill children -

8. Mental Health

- Management of clients with mental disorders
- Characteristics of mentally ill patient
- Classification of mental diosrders

9. Leadership and Management in Nursing Planning

- Management process: Supervision, motivation, implementation and evaluation
- · Leadership style
- Organizational structure of Government health services
- National health planning and concept of national health system
- Policies, rules and regulations in management of different level of hospitals and health centres
- · Communication Process.